



XMAS LTS AND SQUAD SCHEDULE

LEARN TO SWIM

| Date | | LTS | Time & Coach | Venue |
|--------|-------------|----------------|--------------|-----------|
| Friday | 22 December | SWIMMING IS ON | | All Pools |
| Sunday | 24 December | NO SWIMMING | | All Pools |
| Friday | 29 December | NO SWIMMING | | All Pools |
| Sunday | 31 December | NO SWIMMING | | All Pools |

Normal lessons resume for LTS on Friday 5th January 2024

SQUADS & ACME XMAS SCHEDULE

| | | SQUADS / CD / ACME | |
|-----------|-------------|---------------------------------|--|
| Friday | 22 December | NORMAL TRAINING FOR ALL SQUADS | |
| Saturday | 23 December | NORMAL TRAINING FOR ALL SQUADS | |
| Sunday | 24 December | NO SWIMMING (pool closes @ 1pm) | |
| Date | | SQUADS / CD / ACME | |
| Monday | 25 December | XMAS DAY (No Swimming) | |
| Tuesday | 26 December | BOXING DAY (No Swimming) | |
| Wednesday | 27 December | NORMAL TRAINING FOR ALL SQUADS | |
| Thursday | 28 December | NORMAL TRAINING FOR ALL SQUADS | |
| Friday | 29 December | NORMAL TRAINING FOR ALL SQUADS | |
| | | CD SQUAD 8.15-9.15pm | |
| Saturday | 30 December | NORMAL TRAINING FOR ALL SQUADS | |
| Sunday | 31 December | NO SWIMMING (pool closes @ 1pm) | |
| Date | | SQUADS / CD / ACME | |
| Monday | 1 January | NEW YEARS DAY (No Swimming) | |
| Tuesday | 2 January | NORMAL TRAINING FOR ALL SQUADS | |
| Wednesday | 3 January | NORMAL TRAINING FOR ALL SQUADS | |

Training resumes squads on January 2nd 2024



